_		П	7 – Hebrews 5		31 – Luke 7	П	22 - 🕲		16 – 2 Corinthians 9		8 – 1 Peter 1
l <sub>n</sub>	ini e	H	8 – Hebrews 6	ш	JAN 2015	H	23 – 1 Corinthians 1	H	17 – 2 Corinthians 10	H	9 – 1 Peter 2
IB	BIBLE	H	9 – ©		1 – Luke 8	H	24 – 1 Corinthians 2	H	18 – 2 Corinthians 10	H	10 – 1 Peter 3
	• • • • • • • • • • • • • • • • • • •	H	10 – Hebrews 7	H	2 – Luke 9	H	25 – 1 Corinthians 3	H	19 - ©	H	11 – 1 Peter 4
_ K	EADING	Н	11 – Hebrews 8	H	3 – Luke 10	Н	26 – 1 Corinthians 4	Н	20 – 2 Corinthians 12	Н	11 – 1 Peter 4 12 – 1 Peter 5
ID	REVOL	H	12 – Hebrews 9	H	4 - ©	H	27 – 1 Corinthians 5	H	21 – 2 Corinthians 13	H	13 – 2 Peter 1
		H	13 – Hebrews 10	H	5 – Luke 11	H	28 – 1 Corinthians 6	H	22 – Galatians 1	H	14 - ©
ш	JTION	H		Н	6 – Luke 12	Ш	MAR	H		H	
Ľ	711011	Н	14 – Hebrews 11	H	7 – Luke 13		1 - ©	H	23 – Galatians 2	Н	15 – 2 Peter 2
_		Н	15 – Hebrews 12	H		H		Н	24 – Galatians 3	Н	16 – 2 Peter 3
Share w	vhat you're reading	H	16 – ©	H	8 – Luke 14	Н	2 – 1 Corinthians 7	H	25 – Galatians 4	H	17 – 1 John 1
	BibleReading	Н	17 – Hebrews 13	$\mathbb{H}$	9 – Luke 15	H	3 – 1 Corinthians 8	H	26 - 🕲	Н	18 – 1 John 2
#1	BibleReading	Н	18 – James 1	Н	10 – Luke 16	Н	4 – 1 Corinthians 9	H	27 – Galatians 5	Н	19 – 1 John 3
	DT	Н	19 – James 2	H	11 - ©	H	5 – 1 Corinthians 10	$\square$	28 – Galatians 6	Н	20 – ©
SEI		$\square$	20 – James 3	Н	12 – Luke 17	Н	6 – 1 Corinthians 11	$\square$	29 – Colossians 1	$\vdash$	21 – 2 John
= '	9 – Mark 1	$\square$	21 – James 4	$\square$	13 – Luke 18	Н	7 – 1 Corinthians 12	Ш	30 – Colossians 2	$\mathbb{H}$	22 – 3 John
	0 – Mark 2	$\square$	22 – James 5	$\square$	14 – Luke 19	Н	8 - 😊	$\Box$	MAY	$\mathbb{H}$	23 – Jude
	СТ	Н	23 − ☺	$\square$	15 – Luke 20	Щ	9 – 1 Corinthians 13	$\square$	1 – Colossians 3	Н	24 – Matthew 1
=	– Mark 3	Щ	24 – Romans 1	$\square$	16 – Luke 21	$\vdash$	10 – 1 Corinthians 14	$\square$	2 – Colossians 4	Н	25 – Matthew 2
=	– Mark 4	Щ	25 – Romans 2	Н	17 – Luke 22	Н	11 – 1 Corinthians 15	Ш	3 - 🕲	Щ	26 – Matthew 3
=	– Mark 5	Щ	26 – Romans 3	Н	18 - 🕲	Н	12 – 1 Corinthians 16	Ш	4 – 1 Thessalonians 1	Щ	27 - 😊
	– Mark 6	Ц	27 – Romans 4	Щ	19 – Luke 23	Щ	13 – John 1	Ш	5 – 1 Thessalonians 2	Ц	28 – Matthew 4
=	- 😊	Ш	28 – Romans 5	Щ	20 – Luke 24	Ш	14 – John 2	Ш	6 – 1 Thessalonians 3	Н	29 – Matthew 5
=	– Mark 7	Ц	29 – Romans 6	Щ	21 – Acts 1	Ц	15 - 😊	Ц	7 – 1 Thessalonians 4	Ш	30 – Matthew 6
$\vdash$	– Mark 8	Ш	30 − ☺	Ш	22 – Acts 2	Ш	16 – John 3	Ш	8 – 1 Thessalonians 5	_	JULY
=	– Mark 9	_	DEC	Ш	23 – Acts 3	Ш	17 – John 4	Ш	9 – 2 Thessalonians 1	Н	1 – Matthew 7
=	– Mark 10	Ц	1 – Romans 7	Ц	24 – Acts 4	Ц	18 – John 5	Ц	10 - 😊	Ц	2 – Matthew 8
₩	0 – Mark 11	Ц	2 – Romans 8	Ц	25 - 🕲	Ц	19 – John 6	Ц	11 – 2 Thessalonians 2	Ц	3 – Matthew 9
	1 – Mark 12	Ц	3 – Romans 9	Ш	26 – Acts 5	Ш	20 – John 7	Ш	12 – 2 Thessalonians 3	Ш	4 - 😊
=	2 − ☺	Ш	4 – Romans 10	Ш	27 – Acts 6	Ш	21 – John 8	Ш	13 – Revelation 1	Ш	5 – Matthew 10
<u> </u>	3 – Mark 13	Ш	5 – Romans 11		28 – Acts 7	Ш	22 - 😊	Ш	14 – Revelation 2	Ш	6 – Matthew 11
<u> </u>	4 – Mark 14	Ш	6 – Romans 12		29 – Acts 8	Ш	23 – John 9	Ш	15 – Revelation 3	Ш	7 – Matthew 12
<u> </u>	5 – Mark 15	Ш	7 – 😊		30 – Acts 9	Ш	24 – John 10	Ш	16 – Revelation 4	Ш	8 – Matthew 13
<u> </u>	5 – Mark 16	Ш	8 – Romans 13		31 – Acts 10	Ш	25 – John 11	Ш	17 - 😊	Ш	9 – Matthew 14
17	7 – 1 Timothy 1	Ш	9 – Romans 14	_	FEB	Ш	26 – John 12	Ш	18 – Revelation 5	Ш	10 – Matthew 15
<u> </u>	8 – 1 Timothy 2	Ш	10 – Romans 15	Ш	1 - 😊	Ш	27 – John 13	Ш	19 – Revelation 6	Ш	11 - 😊
<u> </u>	9 – ©	Ш	11 – Romans 16	Ш	2 – Acts 11	Ш	28 – John 14	Ш	20 – Revelation 7	Ш	12 – Matthew 16
20	0 – 1 Timothy 3	Ш	12 – Ephesians 1	Ш	3 – Acts 12	Ш	29 - ©	Ш	21 – Revelation 8	Ш	13 – Matthew 17
21	1 – 1 Timothy 4	Ш	13 – Ephesians 2	Ш	4 – Acts 13	Ш	30 – John 15	Ш	22 – Revelation 9	Ш	14 – Matthew 18
22	2 – 1 Timothy 5	Ш	14 – ③	Ш	5 – Acts 14	Ш	31 – John 16	Ш	23 – Revelation 10	Ш	15 – Matthew 19
23	3 – 1 Timothy 6	Ш	15 – Ephesians 3	Ш	6 – Acts 15		APR	Ш	24 - 😊	Ш	16 – Matthew 20
24	4 – 2 Timothy 1	Ш	16 – Ephesians 4	Ш	7 – Acts 16	Ш	1 – John 17	Ш	25 – Revelation 11	Ш	17 – Matthew 21
25	5 – 2 Timothy 2		17 – Ephesians 5	Ш	8 - 😊	Ш	2 – John 18		26 – Revelation 12		18 - 😊
	6 <b>–</b> ©		18 – Ephesians 6	Ш	9 – Acts 17	Ш	3 – John 19		27 – Revelation 13		19 – Matthew 22
27	7 – 2 Timothy 3		19 – Philippians 1	Ш	10 – Acts 18	Ш	4 – John 20		28 – Revelation 14		20 – Matthew 23
28	3 – 2 Timothy 4		20 – Philippians 2		11 – Acts 19		5 - <sup>©</sup> EASTER		29 – Revelation 15		21 – Matthew 24
29	9 – Titus 1		21 - 😊		12 – Acts 20		6 – John 21		30 – Revelation 16		22 – Matthew 25
<u> </u>	0 – Titus 2		22 – Philippians 3		13 – Acts 21		7 – 2 Corinthians 1		31 - ©		23 – Matthew 26
∐ 31	1 – Titus 3		23 – Philippians 4		14 – Acts 22		8 – 2 Corinthians 2	_	JUNE		24 – Matthew 27
NO	ov		24 – Luke 1		15 - ©		9 – 2 Corinthians 3		1 – Revelation 17		25 - 😊
<u> </u>	– Philemon (1 ch)		25 – Luke 2		16 – Acts 23		10 – 2 Corinthians 4		2 – Revelation 18		26 – Matthew 28
<u> </u>	- ☺		26 – Luke 3		17 – Acts 24		11 – 2 Corinthians 5		3 – Revelation 19		
<u> </u>	– Hebrews 1		27 – Luke 4		18 – Acts 25		12 - ©		4 – Revelation 20		0000000
<u> </u>	– Hebrews 2		28 - ©		19 – Acts 26		13 – 2 Corinthians 6		5 – Revelation 21		w! You read the entire NT!!!
<u> </u>	– Hebrews 3		29 – Luke 5		20 – Acts 27		14 – 2 Corinthians 7		6 – Revelation 22		mit this completed sheet
<u> </u>	– Hebrews 4		30 – Luke 6		21 – Acts 28		15 – 2 Corinthians 8		7 - 😊	for	a chance to win a prize!

# Making scripture study a part of your routine

Squeeze in some time today to study the word of God. It's one thing you can do just for you and still have it bless your entire family.

By Heather Hale

Somewhere between running from soccer practice to PTA meetings, you realize that you haven't done one thing for yourself the entire week. Some weeks are like that. As parents, we can feel guilty over taking time for ourselves, but time spent in scripture study strengthens our reserves and helps us face the day with proper perspective. If you've ever felt like you can't squeeze in the time to study scripture, you're missing out on an opportunity to feed your soul and strengthen your family. Designating time every day to study the word of God

helps you see your daily struggles from a more eternal perspective, and scripture study gives you greater patience and Christ-like love. To sum it up, reading scripture makes you a better spouse, parent and all-around person. So, how can you make scripture reading a dedicated part of the day? Here are five ways to get started.

### 1. Make an appointment with yourself

If your child has a dentist appointment, you wouldn't blow it off if the day got busy. Appointments are the busyness in our day. Don't let less important obligations crowd out your daily appointment with the word of God. Write down your time to study scripture on the family calendar, and treat the block of time the same as any other pressing appointment. In the eternal perspective, reading scripture and praying

are some of the most important things you'll do each day.

### 2. Minimize your distractions We love our little

ones, but noisy kids

aren't conducive to

meditating on deep

scripture. Schedule your scripture reading at a time when the kids are away and you can turn off all other digital distractions. If the phone rings during your study, ignore it. There are very few distractions that can't wait 10 minutes for your attention. Some people find it best to study early in the morning before everyone else gets up. Others do better scheduling their scripture time at night when the to-do list is done and the day is winding down. There are no right or wrong times to read scripture. Do what works best for you.

## 3. Meditate on the word, study Reading is nice but

quickly forgotten.

Make the most of your study time by really committing to study. Grab some colored pencils to mark meaningful passages and take notes in the margins. You may even want to use a scripture journal to write thoughts and impressions you get while reading. This attention to detail will keep your mind engaged and help you stay on task for longer periods of time. It's also fun to go back to a book of scripture you studied years ago and have a record of what touched your heart at

#### 4. Be accountable to a group

that time in your life.

A Bible study group,
Sunday school class or
companion study with
your spouse can help
you stay excited about
following through on
your daily reading.
Having a group of likeminded individuals to
discuss doctrine with
motivates you to dig
deeper and look for
the meaning in what
you're reading. It also

helps to have a group that monitors your progress and outlines a suggested reading schedule. If you feel like you might fall behind if you miss a day, you're much more likely to stay on track in your study.

#### 5. Look for the blessings

Reading scripture on a

regular basis will make you feel closer to God. Acknowledge this feeling of peace in your life as a blessing for your diligence. Look for other ways vour dedicated study blesses you and your family, whether it be a calmer household or impressions of how to solve a problem. God will bless the willing student, and looking for His blessings will keep you motivated to read His word. God is willing and waiting to bless you through His word. Even if you can only spare five minutes a day, any amount of time spent studying scripture will bless you and your entire family. Don't

think about all the other things that need your attention during your study time; feeding your soul is one of the most important things you can do each day.

DIGITAL BIBLE READING OPTIONS:

- Bible "App" by YouVersion (Lifechurch.tv)
- biblegateway.com, online Bible in many versions, including audio.